

A chance to blow your trumpet for the villagers of Alport, Middleton and Youlgrave

No. 232

February 2021

New owner for Youlgrave Garage

By Graham Elliott

Following the better part of 28 years at Youlgrave Garage, there have been some changes over the last few weeks, although hopefully most of you will have not noticed any difference. Ownership has changed and is now in the very capable hands of Pat Musgrave and family, who are fully committed to continue providing all the services we have over the years, with much more to follow.



Richard, Giles and Graham, pictured in 2004.

I intend to slow down and reduce my commitments within our community, Richard is moving into West Wales to be closer to Rosie and faces new challenges over the border.

Giles will remain in position and other staff recruitment will be sourced locally.

Pat has some very exciting plans for expansion; however, I intend to leave that for him to reveal in due course.

I would like to take this opportunity to thank all our customers past and present for supporting our family business during this time. You are the ones that have made it the success it is, a vital and important hub in our community and long may it continue. A very big thank you from all the family.

We leave the business in very good and capable hands. Please continue with your valued support for Pat and his family, and keep a look out for some exciting new developments. Wishing you all the best.

Pat Musgrave adds: We are looking to expand the car sales side of the business and also to develop the shop area, in consultation with other local shop owners so we don't step on their toes but

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Need help or advice?

Sarah Dines Member of Parliament for Derbyshire Dales

You can write at any time to:

Sarah Dines MP, House of Commons London, SW1A 0AA

Phone: 020 7219 6660

Email: Sarah.dines.mp@parliament.uk

Website: www.sarahdines.org.uk

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Jane Ide OBE



Congratulations to Jane Ide of Youlgrave, who has received an OBE for services to volunteering and charity in the New Year Honours List 2021. Until the end of last year Jane was Chief Executive of the National Association for Voluntary and Community Action. She played a key role in co-ordinating the national voluntary sector response to COVID, including the campaign to assist hard-pressed charities that resulted in a £750m emergency package of support from the Government.

Rainbow Gallery, Bankside

Maureen Capewell is exhibiting her oil paintings and giving any money from sales to Tearfund's Clean Water projects. See www.tearfund.org for more information on their vital work.

Since March, £3,500 has been raised, including donated bric-a-brac, etc. Thanks for supporting her! If you would like to see Maureen's painting please phone 630407 for a 'solitary' viewing appointment.

Pictured below: Maureen at work



Photo courtesy of Tideswellman

Welder wanted

Since the theft of the honesty box at the Parish Council's Coldwell End car park last year, we have been struggling to find someone to weld the replacement to the upright on the height barrier. Are you a welder and willing to do this small but important job for an agreed fee? Or can you recommend someone who can? Please contact PC Chair Graham Elliott via Youlgrave Garage (636943) or get in touch with Parish Clerk Matthew Lovell on 636151 youlgraveclerk@youlgrave.org.uk.

> For more local news and information: www.youlgrave.org.uk

> www.middletonbyyoulgrave.org.uk

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ultimately maximise the retail space.

We will also be starting to develop converting modern classic and classic cars to electric and also bikes. Ultimately our aim is to continue the great work Graham, Richard and Giles have done over the last 28 years.

We want to maintain the quality and reputation, and retain the loyal customers and hopefully gain many new ones, so we can continue to provide all the additional services to the local parish and community.

Middleton by Youlgrave programme of events 2021

Regrettably, in view of current pandemic circumstances, Middleton Village Hall Committee has decided it must cancel the remaining scheduled events in its 2020-21 programme.

Accordingly, the following 2021 events are cancelled: the Bateman Arms, the Well Dressing, the Market and Teas, and Middleton Rocks.

Report from Youlgrave Parish Council

Council met (via Zoom) for its monthly meeting on Tuesday 26th January and resolved to give its full and enthusiastic backing for the planning application from Youlgrave School for the re-covering of the Infant outdoor learning area with artificial grass. Council heard that the surface of the riverside track through the Dale below Bradford Road had been severely damaged following the recent floods and bad weather. The Clerk will report this to the Highway Authority to request urgent repairs.

Council discussed the proposed diversion of the right of way around Hollow Farm that would take it out of the farmyard, and Mr Tom Broadhurst attended the meeting to answer councillors' questions. It was noted that the popular route is used by people of all abilities, so it is essential that an alternative path remains accessible, easy to use and well maintained. Council resolved to support the proposed diversion.

There was also discussion about the 19 grit bins that the Parish Councils owns and maintains in Youlgrave and Alport, with councillors each agreeing to monitor and where necessary re-supply specific bins.

The next meeting of the Council is on 23rd February via Zoom.

Matthew Lovell Clerk to the Council

Email youlgraveclerk@youlgrave.org.uk Tel 636151



The damaged track below Bradford.



Church Farm Diary, February

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Happy New Year (fingers crossed!).

This time last year we were still enjoying life as it should

be, then the virus arrived changing our life's probably for ever. When the first lockdown came I was walking down the fields looking at the new growth and finding snowdrops and the promise of the bluebells... well, guess what? I am still doing that nearly one year later, in the third lockdown, but hopefully with the vaccine on the horizon life can change.

Christmas passed very quietly, with just Michael and myself sitting round the table, but we did manage to see the family on Christmas morning for about one hour. Joseph and I cleaned out an open shed and put fairy lights and a electric fire in, so they all came in dressed in lots of clothes, hats, scarves – and one daughter even brought her hot water bottle! Gifts were exchanged, hot chocolate drank and I made donuts, then everyone went back to their homes for dinner. It was lovely.

The farming has gone on as normal, cattle still giving good milk and the stone walls still falling down. The ground is very wet, so when the frost came and dried up a bit it gave Joseph and Dakin a chance to get some muck spreading done.

Dakin and family have been busy in the cow sheds rearranging the cow cubicles and fitting mats for the cows to sleep on – they are pampered cows! If you look after your stock you know that you will get the best out of them.

Bakewell market is still a thing of the past and we would all love to go and see everyone to catch up with news, but only the drop and go system is still on. *Recipe of the Month: Creamy Chicken Soup*



This is certainly the season for nice warming soups.

<u>Ingredients</u>

3oz butter 1 small onion roughly chopped 1 large carrot cut into small chunks 2 small potatoes cut into small chunks 1 large leek trimmed and thinly sliced 1 heaped tbsp fresh thyme leaves plus extra to serve 2 oz plain flour 2 1/4 pints hot chicken stock 9oz cooked chicken torn into big chunks crusty bread to serve

<u>Method</u>

Melt 1oz of the butter in a large wide pan and heat until bubbling.

Add the onion and fry till it just about colours, stir in the carrots and potatoes and then the leeks and thyme. Set aside.

Melt the remaining butter in a saucepan when bubbling add the flour stir till it turns pale golden.

With the pan still on the heat pour in the hot stock continuing to stir all the time.

When the stock has been added, add the vegetables and bring to a simmer, then cook very gently for 8 mins.

Stir in the chicken and seasoning, warm through and serve piping hot with crusty bread

Marjorie Shimwell

Marjorie

Greedy Gourmet Takeaway at the Bull's Head

It's easy to be greedy with **Greedy Gourmet**, your local takeaway with a twist. We use fresh locally sourced produce and turn it into your favourite Asian takeaways to be eaten in your own home at your own convenience. Meals made for sharing and designed for a full authentic flavour means better value, better quality, better taste. So why not be greedy without the guilt, Greedy Gourmet. Cash collection from the Bull's Head, Youlgrave, or delivery for order over £25.

Also look out for our specially themed takeaway nights, starting with a set meal **Valentines Night** on Sunday 14th February – see adverts on the board outside the pub nearer the time.





Choose a box of of our rich chocolate brownies, selected at random from the following flavours

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Valentine's Day, Sunday 14th February

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Farmyard Inn – Friday take-away menu

We are offering a takeaway service from 4.30-7pm every Friday and the menu consists of:

- Fish, Chips Peas & Tartare Sauce £7.75
- Scampi Chips Peas £ Tartare Sauce £6.75
- Steak & Ale Pie, Chips Peas and Gravy £10 (veggie option available)
- Tissington Bangers (3) Chips/Mash Peas and Gravy £8,75
- Liver & Bacon Mash & Peas £10
- Farmyard Bacon Cheeseburger, Chips, Relish and Coleslaw £8.25

Sides £2.50 - Garlic Bread, Breaded Garlic Mushrooms, Curry Sauce and Mozarella Sticks

KIDS get to eat free with every adult meal ordered. Choice of Fish fingers, burgers, Chicken Nuggets (with chips, peas or beans).

Farmyard Inn, tel 636221



Made of Clay short film now on YouTube

Maggie Ford's acclaimed Well Dressing film **Made of Clay** is now available to watch on YouTube, thanks to Phil Smith. The link is YouTube –

Springrites, <u>https://www.youtube.com/watch?v=-r-9jVACFwU</u>.

Made of Clay is a 30-minute film about Youlgrave and its Well Dressings. There is great narration by Brenda Harrop, glorious clarinet music by Nick Stacey and features Iris Pimm's first Well Dressing design. "Made of Clay takes you on a journey of past and present – Youlgrave, a Peak District village. A journey that echoes the 7 days it takes to create a Well Dressing and the 7 days of 'life' before it crumbles into dust. Full of funny stories, archive film, rich Derbyshire characters and very beautiful Well Dressings."





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"That Name Rings a Bell"

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The eventful life and times of former Youlgrave School Head Teacher Ann Gregory and her husband Robin are captured in their entertaining new book

When the pandemic struck and everyone found they had a bit more time on their hands, Ann Gregory and her husband Robin spent theirs reading through her diaries that spanned a long and varied married life. They came to the conclusion that they had met so many interesting people that they should share their

entertaining experiences.

The first part of their new book, That Name Rings a Bell, is called 'The Derbyshire Years', since for 16 years Ann was Head Teacher of Youlgrave School and very much part of daily life in the village. At the time her husband, Robin, created and edited a quarterly poetry magazine called Orbis, and the couple's deep interest and involvement in the arts brought them into contact with a wealth of contemporary literary and musical talents. There are reminiscences of hosting or meeting

Derek Stanford, Wiliam Alwyn, Christopher Fry, Maurice Carpenter and many others.

Ann and Robin both became involved with Bakewell's acting troupe the Peacock Players and were involved in putting on many plays; plus there are some entertaining anecdotes about getting to know L. du Garde Peach and his theatre at Great Hucklow. Perhaps of more direct interest to Youlgrave readers is a section on their friendship with Brian and Barbara Asquith. The Asquith family moved to Youlgrave in 1963, a year after Ann and Robin set up home in the village, and there are several stories about Brian's outstanding silverware designs and

> sculptures and their shared experiences. There's also mention of their friendship with celebrated local musician and creative genius Neil Ardley, too.

> After Youlgrave, Ann and Robin chose a very different career path. They became educational consultants to the Saudi Adnan billionaire Khashoggi, said to be the richest man in the world, and from 1978 they variously re-located to the likes of Switzerland. Kenva. London and the Middle East, plus aboard and a luxury super yacht in the Mediterranean.

In the early 1990s the

couple 'retired' to Eastbourne in Sussex, with Robin presenting a series of musical programmes on BBC Radio 2. There are anecdotes featuring conductors, musicians and singers they met, like Vilem Tausky, Jose Carreras, Marilyn Hill -Smith and many others.

The book celebrates a life led to its

Continued next page



Ann and Robin Gregory



fullest, and the huge cast of fascinating figures that Ann and Robin met and knew. It's an upbeat and entertaining read.

The Name Rings a Bell by Ann and Robin Gregory costs £11.50 (including p&p) and can be ordered from Ann and Robin at 3 Burlington Court, Burlington Place, Eastbourne BN21 4AU. Cheques payable to A. V. Gregory.

Above: Ann and Robin performing for the Peacock Players, here playing the leads in Christopher Fry's The Lady's Not for Burning. The actor in the middle is Alan Eaton, the Bakewell dentist.

News from Friends of Youlgrave (FYS) PTFA

FYS PTFA would like to say a huge thank you to everyone in the community for their support during 2020. Fundraising has been incredibly difficult during the pandemic, but so many people have supported us in so many various different ways, from hosting collection pots, donating change, and raffle prizes through to buying tickets for the giving lottery. Here are a few of the headlines from last year, for which we are incredibly grateful. None of this could be achieved without the support of our community. Thank you.

 Recycling clothes bank – since it was installed in October 2020, it has raised £230. Massive thanks to the Farmyard Inn for letting us have the bank in their car park.



Donate your unwanted clothes and shoes at the clothes bank in the Farmyard Inn car park and raise funds for the School.

- Collection pots these have raised £191.43 in 2020. Thanks to Youlgrave Post Office, Youlgrave Village Shop, Peak Feast, the Bulls Head Hotel and the Farmyard Inn for letting us keep them there.
- The Giving Lottery so far this has raised £548 since setting it up earlier in 2020.

• The Christmas Raffle – we raised a massive £1,348. Huge thanks to all those who donated prizes and of course everyone that bought tickets Many thanks for your ongoing support.

Kirsty Prince (Treasurer)

\rightarrow From the Churches

Someone in the media suggested that January seemed to have gone on for about seven weeks. The combination of lockdown and wintry weather have certainly made it a difficult month, and some of you will have been struggling with some degree of depression. My own formula for keeping the winter blues at bay has been doing a daily succession of sponsored charity walks – not an option open to all of you, I know.

A few days ago came the grim news that the death toll in the UK from Covid-19 had topped 100,000. The Archbishops of Canterbury and York reminded us that these are not just numbers: "100,000 isn't just an abstract figure – each number is a person: someone we loved and someone who loved us." Each one of them is known to God and cherished by God.

It was decided early in January that in view of the risks from contact in church before and after services during the second wave of Covid infections, the only safe course was to suspend services. The Church Council is due to review this in early February, but it is pretty certain that no services will be held in February, so none are listed. It is hard to predict when services can be safely resumed, but we are hoping for Easter in early April at the latest. The retired clergy are again producing weekly reflections and circulating them by email. Please email any of us if you'd like your name added to the list.

Ash Wednesday, which falls in 17th February this year, marks the beginning of Lent. It's so called because worshippers at a service in church can have a cross in palm ash marked on their forehead as a sign of mortality. You may feel that no such reminder is necessary after a pandemic year! In any event, the service is cancelled this year, like all the others for now.

But Lent is not all gloom. It's a time to remember, not just our weakness, frailty and falling short, but God's endless love and faithfulness. We may feel weak and wobbly, but God is still holding us firmly in his love. And with the help of skilful human scientists and medics, the pandemic will be overcome in time.

As we were going to press we heard the sad news of the death of Alastair Scrivener, who contributed to church and village life in so many ways. A tribute to Alastair will appear in the next issue.

Stay safe, and God bless you all.

Richard

PRAYERS

The Archbishops suggested that we should stop for a brief time of prayer each evening from 1st February onwards, say at 6pm. We can remember those who have died – and send up a heartfelt prayer for relief and better times. Prayer resources will be made available on the Church of England website.

A prayer for those who mourn

Gracious God,

as we remember before you the thousands who have died, surround us and all who mourn with your strong compassion. Be gentle with us in our grief,protect us from despair, and give us grace to persevere and face the future with hope in Jesus Christ our risen Lord. Amen.

CHURCH CONTACT POINTS

Wardens: Andrew Parker, 01629 636757, andrewparker10@yahoo.co.uk (general enquiries, funerals). Brenda Harrop, 01629 636638

Baptisms: Andrea Willans, 01629 636004 or 07942 922307, mrswillans@gmail.com

Weddings: Denise Figg, 01629 636526, denisefigg.wed@gmail.com

Contacts for other churches:

Youlgrave Methodist - Margaret 636558 Youlgrave Wesleyan Reform - Isobel 636251

Rev Geoff Clay

geoffclay@me.com 07833 252803 & 01629 636591

Rev Jane Clay

Ejaneclay @icloud.com 07802 630877

Rev Richard Tucker rev.richardtucker@

gmail.com 01629 636074

News from Youlgrave Surgery

Engage Consult On-line Triage Process

Our new on-line triage process is now being used by patients to request most appointments. It can be accessed via the Darley Dale Medical website <u>www.darleydalesurgery.co.uk</u>. Patients can register themselves for this service, it is different from System One Online, which requires passwords from us. Using this system means that the doctor has more information about your symptoms from the offset which both assists with diagnosis and saves Patient and GP time. The system has been running really well for the last couple of months and we encourage all patients with internet access to register and use it going forward.

Covid-19 Vaccinations

Patients are being asked kindly to avoid contacting surgery staff for information relating to Covid-19 Vaccinations. We are working around the rules set out by the JVCI. We know who has not been vaccinated and we are working through the list. We use all vaccine within days of it arriving and the main limitation is supply. Please be patient with us – we are working really hard to get all patients vaccinated as quickly as we are able.

We are still collecting information from all patients who are front line Health and social Care workers, ie dentists, physiotherapists, nurses, opticians and social care workers who are public facing. If you are a front line health and social care worker please contact the surgery via email <u>admin.youlgreave@nhs.net</u> or Engage Consult to inform us.

50 – 64 year old Flu Vaccinations

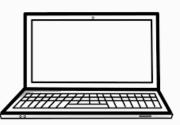
We still have vaccinations available to patients aged between 50 and 64. If you would like to arrange an appointment please get in touch with us asap.

Challenging though it has been, the COVID-19 pandemic has taught us a lot here in Youlgrave, All Saints' C of E (VA) Primary School. Here are a few things we've learnt along the way.

1. Go on-line instead

The ongoing pandemic has meant that, like all schools, we have had to do things differently this year. When we suffered the first lockdown in March

2020, class teachers were able to immediately set work through their class pages on our website and so keep the learning going for our children, working in partnership with our families.



At the start of this new

school year in September 2020, we started work on looking into using Microsoft Teams in order to enhance our virtual remote learning provision. With the help of our IT technician and a savvy parent governor (thank you, Mr Shearing!) we eventually managed to get all the techy background requirements sorted.

By Christmas, Mrs Prince and Mr Scully had ensured all the Junior children in Classes 2 and Class 3 were independent learners in knowing how to access their remote learning activities from both the website and the virtual platform. Last week, all eight of our families who asked for digital device support received their Department for Education (DfE) laptop allocation.

2. Staff learning together

Five months ago, as a staff team, we didn't really know what Microsoft Teams was or about the potential of an on-line education platform to support us in our teaching and work practice; or help us

> stay connected to not only each other, but most importantly to our pupils and our parents. We didn't know its capacity or how it would

work until we had to use it. The willingness of the staff team in supporting one another in exploring

these new ways of working has been really wonderful!

3. Live lessons and activities

Over the Autumn term, when the weather stopped us being socially distanced outside, we used the platform to deliver Celebration Collective Worships in our class bubbles.

Now, across all three classes, teachers are using the platform to share a daily class story-time and deliver live and recorded teaching inputs/lessons to children at home during the current lockdown.

It also allows our children the



opportunity to speak to their class teacher if they are finding their work hard or challenging. Teachers quickly learned not to put their whole class on at once for a 'question and answer' session, due to how excited everyone was at seeing one another! Teachers now conduct question and answer sessions in small groups of up to nine children, which is more manageable and effective.

Teams is definitely enabling our children to have more social interaction with their classmates than we were able to offer in the previous lockdowns and this aspect is much appreciated by our families.

It also helps keep the sense of "This is my class" and enables our children to feel connected even when they have to be apart.

4. This technology opens up opportunities for the future postpandemic

We took what was, for our small school, a giant step into using an on-line platform. We have learned rapidly how to adapt our teaching so it is accessible remotely and how to use the tools available through Teams.

There are so many advantages to a digital platform – many of which we would never have embraced had it not been for lockdown. I am extremely proud of how Youlgrave, All Saints' C of E (VA) Primary School has rapidly responded to the demands of the pandemic and how the teaching staff, children and our families have been willing to embrace change and ensure the learning continues, no matter what!

Heather Stelling (Headteacher)

Do you want to know how to get on-line?

Digital Connections is a project run by Derbyshire Dales CVS to support community and voluntary groups to connect digitally with people in the local area. We want to encourage communities to reduce isolation, create more conversation and improve wellbeing.

So what's in it for you?

- An increase in your membership by reaching more people
- Better communication with existing members
- More opportunities to share interests and experiences

What are we offering?

- Free 1 to 1 support choosing and using a device
- Guidance to adapt your activities to be delivered online
- Funding to buy the equipment that you need to get started (please ask for more details).

To help you work through the process, we have set out the following offer for community groups in the Derbyshire Dales:

Step 1 – An individual or group introduction to Zoom session

Step 2 – An invitation to attend our online coffee morning

Step 3 – DDCVS will host a zoom meeting for your group

- Step 4 Your group will host its own meeting with DDCVS support and back up
- Step 5 Who knows where this can take you!

For more information please contact Jonathan Simcock at Derbyshire Dales CVS either by emailing jonathan@ddcvs.org.uk or telephoning 07887 577165.

Latest news from Youlgrave History Society

Well, what a year 2020 has been! To say it's been a difficult year for all of us is an understatement. But it has also been a year when our village community has pulled together and friends and strangers alike have supported each other, made new bonds and strengthened our connections. Central to this has been the common bond of living in such a great village. The benefits of living in Youlgrave cannot be underestimated. Despite everything 2020 has had to throw at us, our History Society members have found ways to stay in touch and support each other - and we have had fun creating our first ever Youlgrave History Society Calendar for 2021 and a new Wider Village History Trail Leaflet. We've been entertained making them and now we hope you are appreciating the results of our efforts.

Village Historical Calendar 2021

On behalf of all the members of the History Society I wanted to express our sincere thanks to all those who, in December and January, have purchased a copy of our calendar. We very much hope that you are enjoying it and that you are finding the historical photographs of our wonderful village and its surrounds intriguing. We certainly had a very interesting time getting together (between lockdowns!) to select and research the photos to use for the calendar.

Due to popular demand we needed three print runs to have enough copies for everyone who wanted one. Amazing! Thank you very much for your support. All monies raised are going towards our ongoing Youlgrave



Village Archive Project.

If you haven't got yours yet, we do have a last few remaining copies on sale at Peak Feast and Youlgrave Post Office, or you can contact me or Irene and we will reserve one for you.

Your positive response to our first efforts at creating a village historical calendar has inspired us! We have learnt much from this experience and are already buzzing with ideas for future calendars and how to 'mix it up a bit' to keep it new, fresh and interesting and a must-have seasonal gift.

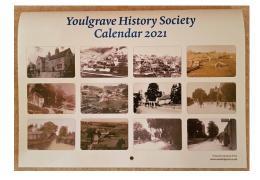
We hope that the Youlgrave History Society calendar will be an annual event from now on – so watch this space!

Village History Trail Leaflet & new Wider Village History Trail Leaflet

As many of you will be aware, we produced our first village history trail leaflet in 2019 covering the centre of Youlgrave. I'm pleased to report that it continues to prove very popular with locals and visitors alike. In 2020, despite the intermittent restrictions that we have all been enduring, two of our members. Simon and Chris, were able to take the lead on creating a new Wider Village History Trail leaflet. This self-guided walk takes you on a 2 hour tour of the outskirts of Youlgrave and into the surrounding countryside, looking at places of historical interest on the way. Both leaflets are now available to buy from Peak Feast, the Post Office and the Youlgrave Shop. So now you can go for your daily

exercise and exercise your mind with historical facts at the same time. Enjoy! To find out how to join us, details of our monthly meetings and activities, or how to donate items to the archive, please contact:

Irene <u>YHSoctreasurer1@gmail.com</u> or Amanda on 01629 630417.



Footpath from Lathkill Dale to Over Haddon (Over Haddon FP7)



When walking down the lane from Over Haddon to the bridge and ford going on to Meadow Grange, I have looked at the footpath finger board pointing eastwards on the first bend. Recently I looked at a Footpath Map on the Derby County Council website and ascertained that this path should go through the woodland and then down across the hillside to join the path in Lathkill Dale. I tried to follow the path and found it to be non-existent, apart from the first part through woodland. I took some photographs and reported this to Derbyshire County Council. I

received the following reply:

"We are aware of the issues and I have a quote in place to clear the route when we have the resources. We have a budget to maintain and restore the 5,233.9 kilometres of Public Rights of Way in Derbyshire, but following extensive serious damage to the network due to unprecedented torrential rain in the north of the county last year and ever present pressures on budgets, we have to prioritise our spending. The definitive line not only requires clearance but also ground works to provide a walkable path. We are looking into alternative solutions to provide a path as close as possible to the definitive line. I do have a quote for the work that is required, and it will be done when resource (funding) is available. I can confirm that we are liaising with Peak District NPA and walking organisations." **Richard Powley**

INSPIRING WOMEN

An introduction to Genomic Technology

A great start to our W.I. year is recounted below. Meanwhile, our talk on 16th February on Zoom at 7.30pm is 'A History of Knickers' by Liza Jones. Our first 'Teaparty' chat went very well on 19th January, and at the next one, on 2nd February at 2.30pm, members are invited to discuss their favourite films/TV, share a

joke, and maybe act out their choices! On 9th March is a talk on Forensic Science (to be confirmed).

On Tuesday 12 January Youlgrave WI trialled its own licensed version of Zoom, the virtual meeting platform, to host a talk on Genomic Technology given by Dr Suzi Walker speaking from London. As well as allowing us to get together virtually at a time of a global pandemic, it is hoped that it will allow us to expand our network of speakers even when we can finally meet in person again.

Suzi defined genetics as the

study of heredity, the passing on of traits from parents to offspring. She summarised the process by which DNA, stored in the nucleus of all our cells, is transcribed into RNA which is then translated into proteins. The human genome consists of 23 pairs of chromosomes, 1 of each pair being inherited from mother and 1 from father. This is the code to make a unique human. Lying along the chromosomes are genes, which make us what we are. Genes make up only 1-2 % of the human genome, responsible for coding for proteins; the rest, which used to be referred to as junk DNA, can have other functions, eg refining the function of the genetic code.

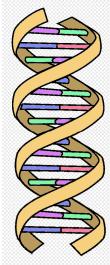
So what do genes do?

They are not just associated with disease; in fact, it is only a broken gene which causes disease. Variation in genes is also related to other traits such as lactose intolerance,

height, amount of redness in red hair and even the ability to detect asparagus in urine. No 2 individuals, other than identical twins, have the same genome, yet there is a great deal of similarity across us all. Variation in the genome can range from large whole chromosome changes or changes in a single base in the code. The majority of variation has no biological impact but some variants can have a big effect on the outcome. Some traits require multiple variants to have effect, eg height, while others require just a single change.

So how do we use genomics in healthcare?

An early application was in the area of rare diseases, 3.5m people in UK are classed as having a rare disease, often chronic and life threatening. Approximately 80% have a genetic cause either inherited or spontaneous. Analysing the genome to better understand the aetiology of a rare disease can improve the speed and accuracy of diagnosis as well as being less invasive than conventional methods. Obtaining a diagnosis can be a major comfort to families, helping to remove feelings of blame and guilt which they may be feeling, enabling



predictions of the likely development of the disease, steering them towards appropriate support groups and assessing the recurrence risk, ie the likelihood of future children being similarly affected. Knowledge of the genetic variation also drives drug development. An example being in the case of cystic fibrosis where drugs have been developed to target the problems in cross membrane proteins. These drugs are frequently expensive and availability may be debated but they offer hope to patients. Cancer is a disease of the genome. Genetic changes in the cancer cells affect the normal growth and division of cells. This is usually driven by mutations in genes that control cell proliferation or DNA repair mechanisms. Genetic analysis for cancer patients is best done using a comparison of normal cells with tumour cells.

Genetic analysis can help refine a diagnosis, have prognostic benefits and can help guide the selection of therapies, eg utilising targeted therapies for the specific cancer and/or avoiding unpleasant therapies that are unlikely to be effective. Clinical trials are now frequently including genetic assessment. Genomic technology is evolving rapidly; Genomic testing has until fairly recently required different techniques frequently performed serially and requiring an educated guess by the clinical geneticist for which genes to test first. The recent advances in whole genome sequencing (WGS) has enabled all variation to be gathered in a single test. Huge strides in technology and cost reductions for WGS have made this approach much more feasible in routine medicine. The first genome sequence cost \$13b and took 15 years. It now costs less than \$1,000 and takes a few weeks. The

time to diagnosis and accuracy of diagnosis are thus much improved. The data also prove a rich source for medical analysis as it can be re-analysed to ask new questions of the data as understanding develops. Genetic testing is now leading to a more personalised healthcare which is likely to expand beyond rare diseases and cancer to other areas, eg infectious diseases. It is in fact a big part of current studies into COVID-19. At present, genetic testing is normally undertaken where there is a problem, but in future will become increasingly a part of routine medicine as the technologies continue to improve. Many ethical and moral aspects have to be considered; it is Important that people understand what is being done with the data about them and have confidence that their consent will be honoured and the data secured.

Pam Walker



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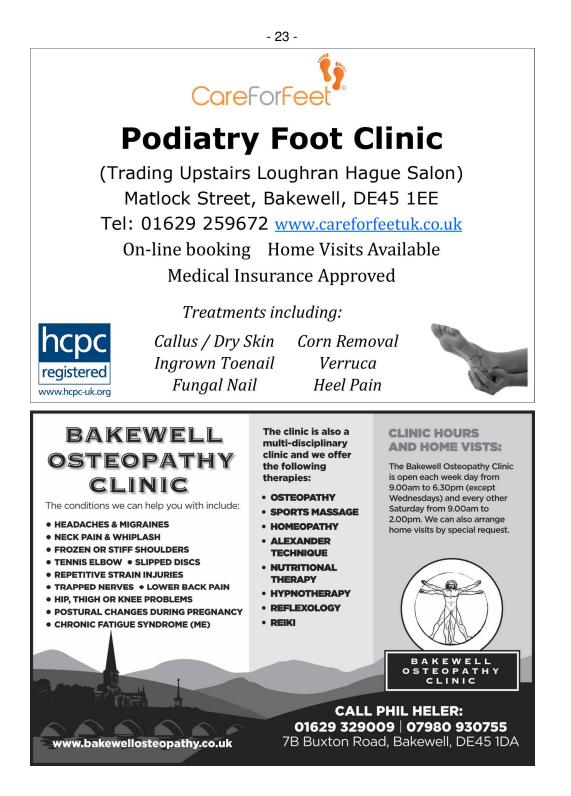


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If you are interested in hearing more about Granby House, please ring Pat Cleaver on 01629 636836 or email granbyhouse@gmail.com.



Youlgrave Wildlife Notes: December 2020 & January 2021

These two mid-winter months obviously have few plants in flower, just the occasional smooth sow thistle and other leftovers from last year. Ferns, however, are very much in evidence, particularly on walls. Common polypody, harts tongue and maidenhair spleenworts are the most obvious ones, often growing together and, if you look carefully, the much smaller wall rue.

These months though, particularly January, have been excellent for birds. I have already seen 48 species this year without using my car. Even the floods have provided new habitats. A dabchick was swimming with mallards on floodwater below Bradford Bridge and over 20 pied wagtails were enjoying the pools that developed on the stream side of the New Dam track. Even the swan was seen walking up the track beyond the Roughwood Hollow bridge to enter the very top dam, a place normally dry except for the stream. It soon came back down river to the permanent pools, however, after being chased by a dog that forced it to take off and fly through vegetation to land near the metal steps (aka Wooden Steps).

The bird that has attracted a lot of attention has been the goosander. Up



Goosanders





to four males have recently been on the New Dam and along the river. These are large diving ducks. The males are mainly white with long thin beaks. These beaks have serrated edges, all the better for catching fish. The dippers are pairing and displaying, grey wagtails, with their bright yellow breasts, can be seen along the river and there have been some sightings of the kingfisher. Our very tame herons photographic subjects, make qood posing beautifully. Mandarin ducks have been spotted, mainly on the lower Lathkill.

Fieldfares and redwings have been numbers. present in quite large sometimes single species flocks. sometimes mixed. I saw over 100 in a mixed flock from the Greenfields track and they have been seen from Coalpit Lane and other places. Another bird present in large numbers is the greylag goose. There have been well over 100 in the fields behind the New Dam: and 100 greylags can make guite a din! Less common visitors have been a little egret, probably just passing through, and a couple of stonechats by the New Dam track.

The cold weather has brought a lot of birds into our gardens. Chaffinches, goldfinches, greenfinches, tits including long tailed tits, wrens, robins, blackbirds and dunnocks all abound. Less common have been bullfinches, goldcrests, song thrushes, nuthatches and greater spotted woodpeckers. We have had up to 5 siskins coming regularly to our feeders. These look a bit like a tiny greenfinch but are quite aggressive and can hold their own when competing for sunflower hearts. Flocks of sparrows can be very noisy in the hedges. A barn owl has often



Stonechat (Pat & Tony Barber)

- 25 ds been seen ra

been seen ranging from below the churchyard, along Conksbury Lane and as far as Moor Lane. The 3 red legged partridge are still visiting gardens.

Tawny owls have been hooting. Buzzards are very common soaring and mewing over the village. I saw one being mobbed by a raven recently. Sparrowhawks have visited gardens in search of a quick snack. No bodies in our garden lately, but kills of quite large prey have been found.

In spite of the frost, snow and floods, spring really is on its way. The snowdrops are starting to bloom, woodpeckers are drumming in the Dale and the nights are drawing out.

My thanks to Rachel, John, Simon, Lisa, Paul, Pat, Tony, Laetitia, Helen, Denise, Edwina, Anne, Geoff, and Gill who have given me lots to write about and those who have talked wildlife with me on local walks.

lan Weatherley Email 48iweatherley@gmail.com

Can you help the Peak District National Park Authority to set policy for the future of the National Park?

Climate change, nature recovery, sustainable communities and low carbon transport. These are just a few of the challenges the National Park is facing. The planning process is vital in addressing such issues and works best when local authorities, local communities and developers work together. Planning matters and is why, when we produce plans and policies, we ask everyone to take part.

We are currently reviewing the Peak District National Park Local Plan. It is a plan for the future development of the local area which we write and implement in close consultation with you. We use the planning policies we develop in the Local Plan to make decisions on the hundreds of planning applications we receive each year.

To make the right decisions we need your help to decide what goes into the Local Plan and that will guide development in the National Park over the next 20 years.

Please complete the survey at <u>https://www.peakdistrict.gov.uk/planning/policies-and-guides/the-local-plan</u>. Results will be published online and will influence the next stage in the formal consultation. The survey closes on 7th February.



To read the Bugle on-line and in colour go to **www.youlgrave.org.uk** (see news and features section, including past issues and archive pages)

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Thank you to everyone who has been a back page sponsor of the Bugle during 2020 and to those who have already renewed for 2021. The Bugle is produced entirely by volunteers (no one gets paid) and we receive no funding apart from adverts, back page sponsorship and donations, so your contribution, whatever size, is vital. If readers want to make a donation to help us keep going please use the box below or contact Andrew at the address on the inside back page (you can be named on the back page or remain anonymous). Thanks!

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Youlgrave Band continues to raise the spirits

Well, thank you for supporting the carols and music during December. By getting together on the 5th we managed a restricted but welcome blessing of the village Christmas tree by Rev Adrian Perry, (who continued on to play his trombone). The carols flowed and singers voices radiated as we visited as much of the village as we could in two separate groups, and many people came from their houses to join us. It was as if we needed to break the gloom. December Thursdays were devoted to outside carol playing to visit lots of village streets; and we also played in Rowsley to a rapturous welcome. Thank you, Band members, for your support.

Throughout lockdown, when we couldn't meet, Caty, our conductor, has continued to ensure players met and played regularly over the internet. The result will be a video of a piece called Risen, especially arranged for the Band, which is to be played at Easter as part of the Buxton celebrations. It's expected to be on-line, but you never know. It will later be part of our concert repertoire when we finally get to play for you all. We welcomed our previous conductor, Wiggey, back to play with us, all the way from Cockermouth via the internet, of course.

Our oldest players have now been jabbed! So, as with many other organisations, we hope to play together asap. Maybe we'll be able to do something outside for Easter. And we hope to hold the AGM as soon as we can all get together – until then it has had to be postponed. www.youlgravesilverband.com.

Judith Orchard (Sec) 07734 714227

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